

Monthly Tip

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August, 2006

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If you are unhappy with the overall work that you do, begin planning your escape.



This is one on a series of tips about enjoying your work.

When considering the notion of enjoying your work, the first decision you need to make is whether you are in the right line of work or not. This is not a decision to be made lightly. When I do this work with my clients, we examine a person's core values, what they love most in life, work that has been enjoyable in the past (down to the most minute tasks), interviewing people doing work that may be of interest, and so on. If you find that the problem is that you are in the wrong line of work, no amount of raises, promotions, or change of projects will make you happy. However, if you are actively working with a consultant or mentor on finding new work, it will make your current job much more "do-able."