

Gerry Fisher, LICSW

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Life consultant and counselor, working with children (8+), adults, and couples, and specializing in Positive Psychology, personal-goal attainment, and emotion management.

Skills

Completed advanced training in Dialectical Behavioral Therapy (DBT), completed state-certified Batterer's Intervention Training Program, experienced with treating male sexual-abuse survivors, skilled with substance-abuse treatment, experienced working with gender- and sexual-orientation issues as an openly-gay counselor, skilled with time-effective treatment techniques, and experienced with systematic desensitization and cognitive restructuring for anxiety disorders.

Experience

July 2002—Present

Life Consultant

Private Practice

Arlington, MA

Developed a unique practice designed to shift people's "inner approaches" to their lives, thereby managing emotion, assisting with goal attainment, and improving life satisfaction.

October 1997—April 2002

Outpatient Clinical Social Worker

The Edinburg Center

Lexington, MA

Provided community-based counseling to a broad variety of clients; was the resident behaviorist, often referred clients with persistent panic attacks and anger-management problems; led DBT implementation efforts, including case consultation and clinician instruction; implemented a skills and wellness group for chronic clients, including a weight-loss program addressing medication side effects.

May 1996—May 1997

Outpatient Social-Work Intern

Harvard Vanguard Associates

Burlington, MA

Attended weekly group supervision with Margot Fanger, learned and applied time-effective treatment techniques, obtained supervision on applying systematic desensitization and relaxation techniques, provided treatment to approximately 25 couples.

September 1995—May 1996

Outpatient Social-Work Intern

Adult/Adolescent Counseling, Inc.

Malden, MA

Conducted court-mandated, substance-abuse counseling; applied the Prochaska-DiClemente change methodology; and applied motivational interviewing techniques.

June 1984—Present

Consulting Technical Writer (part time)

Digital (DEC), SiteScape, Inc.

Maynard, MA

Managed 20 writers and a \$4-5 million budget for 1.5 years, developed and delivered diversity training, and transferred to different companies through corporate mergers.

Education

Clinical Training, Mind/Body Medicine
1 week, 2007

Harvard Medical Continuing Education
Boston, MA

Master of Social Work, 1997

Boston University School of Social Work
Boston, MA

Bachelor of Arts, 1983
English Literature and Computer Science

Boston University
Boston, MA